

# Adolescents, E-cigarettes & Vaping: Current Trends and What Pediatricians Need to Know

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Ninety percent of smokers start as teens and consequently, youth are one of the tobacco industry's primary targets. Fortunately, over the last several years, there has been a dramatic decline in youth cigarette use, but those gains have been challenged by the introduction of e-cigarettes. In a matter of just a few years, adolescent use of e-cigarettes has skyrocketed, with more than 25% of high schoolers reporting use in 2019.

Pediatric providers and researchers must offer thoughtful approaches to protect youth from the harmful effects of the industry's deadly, addictive products. Understanding the current landscape of adolescent use of these products can help equip providers and researchers with the tools they need to impact research and policies that set children and teens on the path to a tobacco-free future.

In this webinar, Dr. Brian Jenssen, a researcher at PolicyLab and primary care pediatrician at Children's Hospital of Philadelphia, discusses:

- The latest trends in adolescent and youth e-cigarette use and the associated adverse health impacts, including what use can mean for risk of contracting COVID-19
- Recent evolving public health efforts to curb the epidemic of youth vaping
- The development of interventions and messages that can be used in clinical and community settings with adolescents and young adults who use e-cigarettes

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## Topics

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