

Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) in Pediatric Primary Care

Statement of Problem

Suicide is one of the leading causes of death for adolescents. Rates of suicide and suicide attempts among adolescents have <u>risen</u> <u>dramatically</u> in the past decade, particularly among Black and Hispanic youth. Because many adolescents attend annual well-visits, primary care settings are critical for identifying and treating suicidal youth. However, there are challenges to identifying suicide risk and intervening once that risk is identified.

Description

Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) in Pediatric Primary Care

Image



Suicide is one of the leading causes of death for adolescents. The **ETUDES Center** is focused on augmenting the capacity of pediatric primary care to identify, refer and manage youth at risk for suicidal behavior.

Image



Suicide is one of the leading causes of death for adolescents. The **ETUDES Center** is focused on augmenting the capacity of pediatric primary care to identify, refer and manage youth at risk for suicidal behavior.

Through this project, we will also test novel methods for detecting suicide risk and study interventions designed to target known risk factors for depression and suicidal behavior, namely poor sleep, low activity and online victimization.

The Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) Center represents a collaborative effort between

investigators at Children's Hospital of Philadelphia (CHOP), the University of Pittsburgh and several other institutions. The Center is focused on augmenting the capacity of pediatric primary care to identify, refer, and manage youth at risk for suicidal behavior, with a particular emphasis on making sure that the tools we develop are effective and acceptable for youth and families of color.

In the ETUDES Center, we will evaluate interventions to improve screening, treatment engagement, and safety planning in primary care for youth at risk for suicide, and we will test novel methods for detecting suicide risk. We will also study interventions designed to target known risk factors for depression and suicidal behavior, namely poor sleep, low activity and online victimization.

To further address the youth suicide crisis, the Center aims to train and support a national cohort of diverse early career scientists, facilitate provider training in suicide assessment and prevention, and serve as a national resource for youth suicide prevention research. Across all Center activities, we will work in close partnership with patients, caregivers, providers and health care leaders.

Next Steps

Our ultimate goal is to develop implementation-ready tools for primary care providers that can reduce the rate of adolescent suicide and promote health equity.

For more information about the ETUDES Center, visit https://www.etudescenter.org/.

This project page was last updated in May 2023.

Suggested Citation

Children's Hospital of Philadelphia, PolicyLab. Enhancing Treatment and Utilization for Depression and Emergent Suicidality (ETUDES) in Pediatric Primary Care [Online]. Available at: http://www.policylab.chop.edu. [Accessed: plug in date accessed here].

PolicyLab Leads



Jami Young PhD Faculty Member

Team



Molly Davis
PhD
Faculty Member



Jasmine Figueroa
MS
Clinical Research Coordinator



Alexander Fiks MD, MSCE Faculty Member



Jennifer Mautone PhD, ABPP Faculty Member



Ariel A. Williamson PhD, DBSM Faculty Scholar



Sara Reagan Clinical Research Coordinator



Gillian Dysart Clinical Research Assistant



Emily Alexander EdM Clinical Research Study Lead



Sarah Kelly MSW Clinical Research Coordinator Ran Barzilay, MD, PhD Tami Benton, MD

Funders of Project

Rich Tsui, PhD

National Institute of Mental Health (NIMH)

Project Contact

etudes@chop.edu

Related Tools & Publications

Risk for Suicide Attempts Assessed Using the Patient Health Questionnaire-9 Modified for Teens
 <u>Article</u>
 Oct 2024