Children's Hospital of Philadelphia PolicyLab

Sources of Contraception Among Adolescents and Young Adults

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Contraception is an essential component of comprehensive sexual and reproductive health care for adolescents and young adults (AYAs) because it facilitates individual reproductive goals and bodily autonomy. This population faces unique challenges in accessing contraception at the individual, clinician, health system, and policy levels, which are exacerbated by long-standing structural inequities. Characterizing sources of contraception access among AYAs may reveal opportunities to improve delivery across diverse health care settings. To that end, this cross-sectional study aimed to examine sources of contraception among AYAs in the US and identify associations between these sources and sociodemographic factors.

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