

Mental Health Awareness Month: Conversations With Experts & the Latest Research Insights

Date:

Friday, May 31, 2024

As the center recognizes Mental Health Awareness Month, several of our researchers are sharing the latest on behavioral health research and policy efforts—through PolicyLab's blog—to support the health and well-being of children and caregivers:

- <u>Utilizing Behavioral Health Research to Inform Policy: A Conversation with Dr. Rhonda Boyd</u> Rebecka Rosenquist
- <u>Understanding Infant and Caregiver Mental Health: What is the Impact of the COVID-19 Pandemic and Systemic Racism?</u> Tiffany Tieu, Ayomide Popoola, Deiriai Myers, Kate Wisniewski, Dr. Wanjikũ F.M. Njoroge
- What We're Learning About the Patient Navigator Role in Supporting Behavioral Health Access and Utilization: Discussing Insights with Dr. Jennifer Mautone Radha Pennotti

Additionally, PolicyLab released a new <u>Research at a Glance</u>, which explores the effects of mental health boarding—that is, waiting in a medical hospital until mental health treatment is available. The resource highlights three studies that sought to understand the experiences and perspectives of the adolescents who are hospitalized, the caregivers who support them and the clinicians who provide care.

To keep up with PolicyLab's mental and behavioral health-focused research and resources this Mental Health Awareness Month and year-round, explore the projects under our <u>Behavioral Health Portfolio</u> and follow along with us on X and <u>LinkedIn</u>.



Jami Young

PhD Faculty Member