Children's Hospital of Philadelphia PolicyLab

Social Media Use During Coronavirus Disease 2019 and the Impact on Adolescent Health

Visit Article

During the coronavirus disease 2019 lockdown, adolescents spent a great deal of time using social media. There have always been a host of positives and negatives associated with social media use. The negatives are more notable with heavier use. Once restrictions lifted and normalcy returned, social media usage appears to be returning to prepandemic rates in adolescents. Adolescents are reporting mostly positive and neutral personal effects of social media on their postpandemic lives.

Journal:

Pediatric Clinics of North America
Authors: Renata Arrington Sanders