U.S. Departments of Health and Human Services and Agriculture Request for Public Comment: Reports on Alcoholic Beverages and Health to Inform the Dietary Guidelines for Americans, 2025-2030

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PolicyLab responded to a request for comment from the U.S. Departments of Health and Human Services and Agriculture on two reports on alcoholic beverages and health. The reports and comments will be considered in the development of the 2025-2030 Dietary Guidelines for Americans (DGA).

In their response, PolicyLab experts offered two key recommendations, including: 1) Incorporating explicit alcohol guidance within *the Children and Adolescents* chapter of the DGA, which has been absent in previous editions despite strong evidence of harm; and 2) Implementing increased transparency in nutritional and health labeling on alcoholic beverages to improve consumer awareness and inform decision-making.

Authors: Luis Seija, Meredith Matone, Radha Pennotti

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