

Top Blog Posts of 2025

Date Posted:

Dec 15, 2025

Image



This year has seen many changes to health and social policy. And, we're seeing questions about the impact of those changes reflected in the information readers like you are seeking from PolicyLab's blog. Our most-read blog posts in 2025 focused on understanding shifting policy and highlighting the implications for children and families, including several from our [in-depth series](#) on the importance of Medicaid.

Revisit the top 5 blog posts of 2025 below:

1. [SNAP Work Requirements Start September 1. What Does It Mean for Kids in 200 Words?](#)
2. [Adolescent Health in 2025: What's the Status and What's at Stake?](#)
3. [Secondary Medicaid: Why Privately Insured Children Rely on Medicaid, Too](#)
4. [The Heart of the Matter: Why Medicaid Is Crucial for Children With Congenital Heart Disease](#)
5. [Why Medicaid Is Important for Children and Youth With Disabilities](#)

This theme carried through to our videos as well. Check out one of the [most-watched videos of 2025](#) featuring Research Scientist Doug Strane describing how Medicaid is a resource for families when employer-sponsored insurance plans are too expensive.

In the year ahead, we will continue to examine how programs and policies can better support kids and the evolving policy landscape through the lens of the impact on children and families. Stay tuned for more from our experts in 2026.



[Laura Cavello](#)

