

## PolicyLab's Dr. Senbagam Virudachalam: Health Begins at Home

## Date:

Friday, August 22, 2014

Dr. Senbagam Virudachalam wants to ensure that parents of young children have the skills and confidence to regularly prepare healthy food at home. Read Philly.com <u>article</u> about Dr. Virudachalam's work and a new CHOP and Aramark initiative, "Home Plate." See Dr. Virudachalam's <u>research</u> and <u>bio</u> for more information.



Senbagam Virudachalam MD, MSHP Faculty Member Related Projects

Home Plate: An Intervention Empowering Low-income Parents to Prepare Healthy Food at Home