Children's Hospital of Philadelphia
PolicyLab

New Evidence to Action Brief: Transitioning to Adult Care

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The transition from pediatric to adult health care systems can be daunting for anyone, but is especially challenging for young people with intellectual disabilities or other special health care needs. These youth and young adults face numerous challenges while navigating the transition process, however various stakeholders can take concrete steps to reduce these barriers. PolicyLab researchers Caren Steinway, MSW, MPH, Jen Gable, MPA, MBE, and Sophie Jan, MD, MSHP, wrote a brief that delivers an overview of new research and provides recommendations for how policymakers, health systems and pediatric and adult providers can help youth with complex medical needs navigate the transition process. You can find these recommendations in our new *Evidence to Action* brief "Transitioning to Adult Care: Supporting Youth with Special Health Care Needs."

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